

# VAIL VETERANS PROGRAM CAREGIVERS RESOURCE GUIDE

LAST UPDATE: JUNE 2019



| ORGANIZATION NAME<br><small>*CLICK ON ORG NAME TO BE DIRECTED TO WEBSITE</small> | EMAIL   | PHONE #                                   | SERVICES OFFERED   |
|--|---|---|--|
| <a href="#"><u>Caregiver Resource Directory</u></a>                              |   |   | The Caregiver Resource Directory, other caregiver-specific programs and resources, and the Department of Defense is committed to providing proactive support to ensure caregivers are able to care for their Service members, their families, and themselves.  |
| <a href="#"><u>Elizabeth Dole Foundation- Hidden Heroes</u></a>                  | <a href="https://www.elizabethdolefoundation.org/contact-us/">https://www.elizabethdolefoundation.org/contact-us/</a> |   | The Hidden Heroes Caregiver Community (HHCC) is an online support group that offers a positive place for military caregivers of all eras to connect with one another. Moderated by caregivers, the HHCC is a welcoming environment for military caregivers to share their stories, seek advice, and find commonality in the challenges they face.  |
| <a href="#"><u>Military and Veteran Caregiver Network</u></a>                    | <a href="mailto:info.mvcn@redcross.org">info.mvcn@redcross.org</a>  |   | Military and Veteran Caregiver Network allows caregivers to engage to exchange experience, empathy, education and encouragement through an online community, mentor programs and support groups across the country.  |
| <a href="#"><u>Operation Family Caregiver</u></a>                                |   | 229-928-1234                              | Operation Family Caregiver coaches the families and friends of returning service members and veterans to manage difficult transitions.   |
| <a href="#"><u>Project Sanctuary</u></a>   | <a href="mailto:info@projectsanctuary.us">info@projectsanctuary.us</a>  | 720-561-9193                              | Therapeutic retreats for the entire family that include counseling, education, and therapeutic recreation.   |
| <a href="#"><u>VA Caregiver Support</u></a>                                      | <a href="https://www.va.gov/landing2_contact.htm">https://www.va.gov/landing2_contact.htm</a>                         | 855-260-3274                              | The Caregiver Support Program offers training, educational resources, and multiple tools to help you succeed.  |
| <a href="#"><u>VA Coaching Into Care</u></a>                                     | <a href="https://www.va.gov/landing2_contact.htm">https://www.va.gov/landing2_contact.htm</a>                         | 888-823-7458<br>Mon-Fri,<br>8am-8pm (EST) | Coaching Into Care is a national telephone service of the VA which aims to educate, support, and empower family members and friends who are seeking care or services for a Veteran. Their goal is to help Veterans, their family members, and other loved ones find the appropriate services at their local VA facilities and/or in their community. They also provide coaching to family and friends of Veterans who see that a Veteran in their life may be having difficulty adjusting to civilian life. Coaching is provided by licensed psychologists or social |



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|   |   |              | workers, free-of-charge. Coaching involves helping our callers figure out how to motivate the Veteran to seek treatment. They can help you get information about mental health, services at the VA and tips on how to begin the conversation about treatment with a loved one who is a Veteran.   |
| <a href="https://veterancaregiver.com/">https://veterancaregiver.com/</a> | <a href="https://veterancaregiver.com/contact-us/">https://veterancaregiver.com/contact-us/</a> |              | VeteranCaregiver provides peer-to-peer support and special assistance for Caregivers of Veterans, as well as for "singleton" Veterans. The website is a bridge where questions and frustrations can be safely aired. They also provide individualized assistance when you've hit the wall.  |
| <u>Wounded Warriors Family Support</u>                                    |   | 402-502-7557 | <p>Wounded Warriors Family Support's mission is to support the families of our combat wounded service members with dependent children and widows of service members killed in action or as a result of wounds sustained while serving. WWFS is a Purple Heart preferred organization. If the Veteran has not been awarded the Purple Heart the following eligibility requirements apply:</p> <ul style="list-style-type: none"> <li>● An 80%-100% or greater, combined disability rating with a single physical disability rating of 30% or greater for combat-related injuries or wounds in an area such as: <ul style="list-style-type: none"> <li>○ Blindness/loss of vision</li> <li>○ Severe Burns</li> <li>○ Spinal cord injury/paralysis</li> <li>○ Traumatic Brain Injury</li> </ul> </li> <li>● Must have dependent children.</li> </ul> |